

CERTIFICATE

OF PARTICIPATION

This is to certify that

Liese Louw

Has successfully participated & completed the

10km Cowhouse Winter Trail Run 2018

held at Cowhouse Market.

TIME 01:27:06

PACE 08:42/km **OVERALL** 50 of 62

28 July 2018, Sat

Date

GENDER 26 of 35

40 - 49 5 of 7



